

THE CURRENT

SEPTEMBER 2011



IN THIS ISSUE

CALENDAR OF EVENTS 2011-2012	2
COMMUNITY SERVICE GOALS	3
SCHOLARSHIP CHANGES	4
FINANCIAL UPDATE	4
MEMBERSHIP UPDATE	4
OCTOBER EDUCATIONAL MEETING	5

UPCOMING EVENTS

- Oct 5 4-6:30 Chapter Mtg/Education Heart Center LL 1-2
- Oct 25 RRC Board Mtg 4-6p Mercy BR
- Dec 8 RRC Board Mtg Loc TBD
- Jan 24 10-3p Educational Conference
- Feb 23 RRC Brd Mtg 4-6p Mercy BR
- Mar 19 Certification Dinner, Loc: TBD

PRESIDENT'S MESSAGE BY JEANNE BOESPFLUG

This begins the seventh year of the Rum River chapter and I am excited to be the president of this great professional organization this year. I look forward to incorporating AACN's new president, Mary Stahl's theme "TOGETHER. STRONGER. BOLDER." as we continue the great work of our chapter. Working TOGETHER we can make our Chapter STRONGER and our voices BOLDER for all critical care nurses and our patients.

I would like to thank our past president Louise Jacobs for all the guidance she provided us last year with getting all our policies and job descriptions up to date, and pushing us to apply for the President's award for chapters, which we won (The plaque will be on display at our meetings). A special thank you to our outgoing Board members: Treasurer, Lori Weaver, who worked hard getting our financial records up and running on Quicken and keeping our books in order

and Secretary/Membership chair, Debra Ferguson, who advocated for our much needed laptop. Thank you both for your service to the chapter on the Board and we hope to see you at our Chapter functions. Welcome to the new Board Members: Nancy Nelson (who started in May) as Education Chair, and Katherine Forseth as Secretary/Membership chair. Continuing on the Board are: Louise Jacobs as Immediate Past President and she will chair our Nursing Congress this Spring. April Lenzmeier is President-elect; Mischa Adams is now Treasurer; Karen Schulz as webmaster; Pam Madrid as Newsletter Editor; Sheila Micka as Community Outreach Coordinator and Sue Willoughby has taken on the new position of Quartermaster, an appointed position and will be accountable for the chapter supplies.



Jeanne Boespflug
President
Rum River Chapter AACN
2011-2012

The Board met in July to develop our goals for this year.

The first goal is to add members from other area hospitals. (1 member from 3 additional hospitals) This will help our chapter become STRONGER by having a more diverse membership.

The second goal will be to submit abstracts for a



PRESIDENT'S MESSAGE (CONTINUED)

(Continued from page 1)

Chapter poster at NTI. This is a way to be BOLDER—showcasing our great work for other chapters to see. The third goal is to mentor/send “seed money” to a new chapter. When we started as a chapter in 2004, we were given seed money from another chapter which helped get our treasury started. TOGETHER we can make AACN chapter's thrive.

The fourth goal is to have a community service challenge. Community service is an important part of our chapter and we decided having a competition with another chapter would be fun and TOGETHER we can do more for an organization that needs help.

We are looking forward to having all our members get involved to achieve these goals. As our mission statement states: “The key to Rum River Chapter's success is through its members.”

Mark your calendars for the October meeting from 4-6:30 pm. This will be our first meeting of the new year. We will have a short chapter meeting and a 2 hour educational program with CEU's and Dinner.

Other scheduled events this year will be:

A 4 hour education program on January 24th, March 19th will be our 2nd annual certification celebration, A 2 day Critical Care conference on April 11th and 12th, with the option of attending one or both days. (This will not be a CCRN/PCCN review). And in May we will celebrate Nurse's week and have a chapter meeting. We will also have community service projects throughout the year.

As you can see, there are plenty opportunities for volunteers. You can qualify for one of up to three scholarships that will be available (see scholarship article) and have fun working with other Rum River Chapter members.

Watch your e-mail for a member survey asking for you to let your Board know what you'd like the chapter to be for you and ideas for educational offerings. We look forward to your responses so that we may tailor the meetings to the majority of the members. Please respond. This is your chapter.

Check out the calendar for the year, volunteer opportunities, and the revised member scholarship. These will be updated as dates are confirmed. Check out the website for details also.

I look forward to seeing you at our September meeting. TOGETHER. STRONGER. BOLDER.

Jeanne Boespflug

CALENDAR OF EVENTS 2011-2012

October 5, 2011 4-6:30 pm Chapter meeting and 2 hr education program (LL HC Rooms 1&2)

October 25, 2011 Board meeting 4-6 pm (Mercy Board Room)

December 8, 2011 Board Meeting/Holiday Celebration (Location to be determined)

December, 2011 Community Outreach—Christmas Family

January 24, 2012 4 hour Education program 10am-3pm

February 23, 2012 Board meeting 4-6 pm (Mercy Board Room)

March 19, 2012 Certification Dinner (place and time to be determined)

March 22, 2012 Board Meeting 4-6 pm (Mercy Board Room)

April 11-12, 2012 2 Day Critical Care Conference (Auditorium, Classrooms B & C)

May, 2012 Nurse's Week

Nominations/Elections

NTI May 19-24, 2012 in Orlando, Florida

Stroke Screening

Chapter meeting (date and place to be determined)

COMMUNITY SERVICE GOALS 2011-2012

SHEILA MICKA—COMMUNITY OUTREACH COORDINATOR

RRC reached the goals for community service that we set for last year!! We are very proud of that accomplishment and will repeat those goals again this year and add one more. A special thank you to all who participated last year, I am counting on all members to participate in these projects again this year.

1. The Christmas Family will be the first big project again this year. We will receive our families from Anoka County in late November or early December. Last year we provided two large families (6 and 9 members), with a wonderful Christmas holiday. We will again have \$1000.00 to spend, from our RRC treasury. I'm looking for two volunteers to help "chair" this event by being responsible for one of the families and collecting the presents. (A special thanks to Kathy Berkowitz and Nancy Nelson for helping "chair" this event last year.) More details to follow. If you are interested, please let me know.

2. We will again collect money for the Anoka County Food Shelves with the RRC matching all donations to a total of \$250.00 for the year. I'm sure we could challenge the chapter to match even higher amounts. (Last year we were just a few dollars short of the \$250 goal.) We will again have a collection bucket at each meeting and RRC sponsored event for the Food Shelf.

3. Last year we participated at Feed My Starving Children with two dates. This was a great way to contrib-

ute to the community and we had FUN. We are looking for dates in February this year—we'd like to do one daytime event and one evening event. The RRC Board has agreed to donate money to this organization for shipping the meals after we have packaged them. Last year Lisa Winters was "chair" of the daytime event (thanks, Lisa) and I'm asking for volunteers to help with the two events again this year. Remember this event is open to friends and family, too and is a great way for your teen age children to get volunteer hours for school.

4. In Spring of 2012 we will again assist at the stroke screening at Mercy Hospital (this past year we also assisted at Unity Hospital). This event is for a few (2-3) hours early (starting at 6:30 AM) on a Saturday morning. It is usually the weekend prior to Memorial Day. All supplies are provided and our responsibility is to take a pulse, Bp, weight and height and record these for the people coming to the screening.

5. In May of 2012 we will start the Bike Safety camps again with the Trauma nurses from Mercy. These will take place on varied dates during the summer. Our commitment is for 4 hours (either a morning or afternoon) in various city parks. Participation is ACTIVE involvement with helmet fitting, games and supervision of children around 10 years of age. The time

No one cares what
you know, unless they
know that you care.

- Unknown

goes by very quickly!

6. Last year we worked with the Allina Parish Nurses group to help with some wellness screenings. The members that volunteered at these events found them to be very rewarding, so we have offered our services again this year. I don't have dates, yet—watch the bulletin boards and newsletters for more details.

The AACN theme for this year is: **Together, Stronger, Bolder.** The RRC Board decided to expand on this theme by challenging other AACN chapters to a competition of community service. We have sent out the invitation for the challenge; but haven't heard back yet if any MN chapters are willing to participate. Again, watch the newsletter and bulletin board for any updates. If you are willing to assist with any of these projects, please let me know.

Thanks,
Sheila Micka
RRC Community service coordinator
sheilamicka@comcast.net

SCHOLARSHIPS: REVISED POLICY

The RRC Board has revamped the member at large scholarship policy. There will be up to three \$500 scholarships available this fiscal year. Eligibility qualifications are listed below. The Application form is being revised and will be on the website in the future. If any questions, please contact one of the Board members.

Purpose: To provide educational support for members of the chapter who have participated in chapter activities throughout the year.

Who can apply: Every non-board member has the opportunity to apply for one of up to three \$500 scholarships for participating in chapter activities per fiscal year (July 1st-June 30th).

How can the scholarship funds be used: Dollars may be used for nursing education (books, DVDs, conferences, etc.) Scholarship money can also be

used towards registration, travel, and lodging.

When will the funds be awarded: Scholarship funds will not be awarded until proof of conference completion (CEUs), and applicable registration, travel, and/or lodging receipts. Scholarships cannot be used for expenses reimbursed by other sources.

What are the eligibility requirements: Eligibility for scholarship money is based on participating in a minimum of Rum River Chapter activities as follows:

- 1 Community service project
- Attend 2 out of 3 Chapter meetings
- Assist with 1 Chapter event

Where can I find list of chapter activities: Chapter activities, community service projects, and events can be found on the Rum

River Chapter website.
www.rumriverchapteraacn.com

What is the application process: Applicants must submit the “Rum River Chapter Scholarship Application Form” and a synopsis of the activities participated in to the Chapter Treasurer for reimbursement by June 30th. Form can be obtained from the RRC website.

Who determines Scholarship recipients: Scholarship will be awarded upon review and approval of the Rum River Chapter Board.

Scholarship budget to be established by the Rum River Chapter Board at the beginning of each fiscal year and may be re-adjusted at the discretion of the Board depending on the treasury balance.

FINANCIAL UPDATE

MISCHA ADAMS—TREASURER

Current balance:	\$ 27,755.28
Savings account balance and CDs	\$ 18,224.06
Checking account balance	\$ 9,531..22

We are in Good Standing with national AACN and the budget for the year is being finalized.

MEMBERSHIP UPDATE

KATHERINE FORSETH—SECRETARY

The Rum River Chapter welcomes any new members! Invite a colleague to the educational events.

RRC currently has a total of 69members in the chapter.

National membership: If you need to renew your national membership, you can purchase a bulk membership from the chapter for \$69, a savings of \$9. Membership in RRC is FREE, just need a national membership!!

Got Drugs?

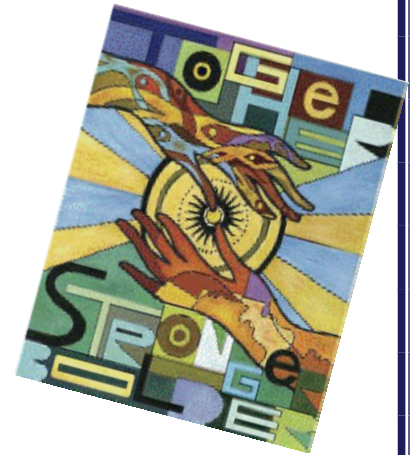
It's Not Just Pot Anymore

Come learn more about the unique challenges in the critical care setting

October 5, 2011
4 pm—6:30 pm

Detective Greg Koss
Coon Rapids Narcotics Division

Kirk Hughes, RN, EMT-B, CSPI
Hennepin Regional Poison Center



2 CEUs



Mercy Hospital Lower Level Heart
Center 1 & 2
Dinner Provided

Fee: \$10 chapter member
\$30 non-chapter member
www.rumriverchapteraacn.com
for details and registration

Contact Us

RUM RIVER CHAPTER AACN

Phone: 763-236-8356

E-mail: rrc@rumriverchapteraacn.com

Website: www.rumriverchapteraacn.com

Facebook: Rum River Chapter AACN

2010-2011 Chapter Officers

President: Jeanne Boespflug

President-elect: April Lenzmeier

Past President: Louise Jacobs

Secretary: Katherine Forseth

Treasurer: Mischa Adams

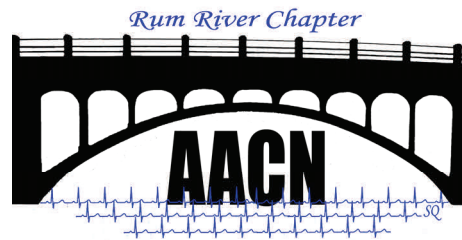
Education Chair: Nancy Nelson

Webmaster: Karen Schulz

Newsletter: Pam Madrid

Community Service: Sheila Micka

Quartermaster: Sue Willoughby



Our Mission Statement

The Rum River Chapter of AACN provides and inspires leadership to establish work and care environments that are respectful and healing. The key to Rum River Chapter's success is through its members. Therefore, Rum River Chapter is committed to providing the highest quality resources to maximize nurses' contribution to improving the healthcare of acutely and critically ill patients and families. As a community based association, the Rum River Chapter is committed to involvement in improving the health of the community through service projects and education. The Rum River Chapter strives to empower students to increase their knowledge of the critical care nursing environment.

Our Vision Statement

The Rum River Chapter is dedicated to supporting a healthcare system driven by the needs of patients and families where acute and critical care nurses make their optimal contribution.

RUM RIVER CHAPTER ACTIVITIES PRESIDENT'S AWARD FOR CHAPTERS



2011 NTI -President's Award for Chapters

Rum River Chapter members gather by the President's Award for Chapters poster. Pam Madrid, Jeanne Boespflug, Sheila Micka, Louise Jacobs, Sue Willoughby and Lynn Nelson.



2011 NTI -President's Award for Chapters

Three chapter members accept the President's Award for Chapters on stage during a general session. Pam Madrid, Louise Jacobs and Jeanne Boespflug.

The Current is looking for articles and pictures of members. If you have something you wish published in this newsletter, please forward to Pamela.Madrid@Allina.com.