

# THE CURRENT

DECEMBER 2011



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## PRESIDENT'S MESSAGE BY JEANNE BOESPFLUG

A big thank you to Nancy Nelson for putting together the 2 hour education event we sponsored in October on Drugs for our first Chapter meeting of the year. It was very informative and we had a great turn out. I've heard a lot of very positive comments about it.

Congratulations to the Rum River Chapter. We have 3 abstracts that have been selected for poster presentations at NTI in May 2012. Louise Jacobs authored one about: Celebrating Certification; Karen Schulz authored one about the Chapter Website; and Pam Madrid, Jeanne Boespflug, Louise Jacobs, and Sheila Micka authored one about the Journey to Achieving the President's Award. This meets one of the goals we set for our chapter this year. A way to

be BOLDER and showcase our chapter's achievements at NTI.

We had a successful gift buying for our Christmas families again this year. Together we can provide more and make someone's day brighter.

As the new year approaches, we will continue to work on our other goals. Sheila is setting up a community service challenge with the Greater Twin Cities Chapter in January—more information to come on the website. Our January mini-conference is set for January 24<sup>th</sup> with the topics of Cardiac stem cell research and Trauma Education updates. Registration is now open for this and can be found on the website.

We are still exploring



Jeanne Boespflug  
President  
Rum River Chapter AACN  
2011-2012

mentoring a new chapter/giving seed money to a new chapter and will finalize it at our next board meeting in February.

Planning will begin on our 2<sup>nd</sup> Annual Certification Celebration Dinner to be held March 19<sup>th</sup>, 2012.

*(Continued on page 2)*

## UPCOMING EVENTS

- Jan 24 10-3p Educational Conference
- Feb 23 RRC Brd Mtg 4-6p Mercy BR
- Mar 19 Certification Dinner, Loc: TBD
- Mar 22 RRC Brd Mtg 4-6 Mercy BR
- Apr 11-12 RRC Congress - Debra Tuggle
- May 19-24 AACN National Teaching Institute



**PRESIDENT'S MESSAGE (CONTINUED)**

*(Continued from page 1)*

We will also be starting to plan our 2 day Critical Care Conference to be held April 11<sup>th</sup> and 12<sup>th</sup>. Debra Tuggle will be the speaker again. We are looking for volunteers from the chapter to assist with the planning of this conference. Louise Jacobs is chair of the committee. Remember Together we can accomplish more.

As you can see, we have some exciting events in the new year. I wish each of you a Merry Christmas and a Happy New Year.

Together, Stronger, Bolder.

Jeanne

**RRC BOARD OF DIRECTORS PROFILE****SHEILA MICKA—COMMUNITY OUTREACH COORDINATOR**

Tell us about your life outside of Mercy Hospital.

I have three grown children and a husband of 40 years. I love to garden, cook, bake, knit, travel and read in my spare time. I am looking forward to becoming a grandmother for the first time next spring when my youngest daughter has her first child.

What would you be doing if you weren't a nurse?

I would probably have become a travel agent; I love planning trips and family gatherings. This was a distant second choice of careers as I always imagined that I would be in the medical field in some capacity.

Describe your position in the chapter.

I am currently the community outreach coordinator and am in charge of planning all community service events for our chapter. Last year we successfully completed 5 events and this year we are planning to expand our connection with the parish nurse organization from Allina and assist them in their health screenings. I'm hoping to see more members participate in these events

Why did you volunteer to be active in the Rum River Chapter?

I wanted to be an active member of my professional organization and promote critical care nursing. I think it is important to present a forum for professionals to interact and learn apart from the "job". I have enjoyed the time I have spent in this organization and have taken advantage of the scholarship money to attend NTI and reconnect with former colleagues.



**COMMUNITY SERVICE NEWS****SHEILA MICKA—COMMUNITY OUTREACH COORDINATOR**

Thanks to all who helped with the Christmas families this year. We provided three families with their "wishes" and a little more for this holiday season. I was so impressed to see how far people could make the \$50 go. I noticed that people used coupons and special sales to make the most of the funds!! Great job. I'll let you know when we hear from the families after the holidays.

The next big event will be in January. We will be packing food for Feed My Starving Children at the Coon Rapids location on two separate dates. We have called this our "Challenge" event and have invited other AACN chapters in our area to also participate during this month to see which chapter can "bag" the most meals for FMSC. This challenge would fit with the President's theme for this year: Together, Bolder, Stronger.

I have chosen two dates for the month:

**Monday, January 9 at 0930-1130 AM at the Coon Rapids location and**

**Wednesday, January 11 at 2000-2130 PM at the Coon Rapids location.**

If anyone would like an additional date or time, please let me know and I'll be happy to schedule

another event.

I have reserved 15 spots at each of the mentioned times and would love to add to those reserved spots. Remember that children, friends, and spouses are also invited to participate. This is a good opportunity for students needing community service hours for school.

Please RSVP to me, so I can keep an accurate tab of the number attending. My email is: [sheilamicka@comcast.net](mailto:sheilamicka@comcast.net), or call and leave a message on my home phone: 763-422-0763.

Address for Feed My Starving Children is:

401 93rd. Ave NW

Coon Rapids, MN (this is near Northtown Mall)

Have a wonderful holiday and I'll see you at FMSC in January!!

Sheila Micka

**There is no "I" in team  
but there is a "U" in  
volunteer!**

*- Debbie Weir*



Feed My Starving Children is a non-profit Christian organization committed to feeding God's children hungry in body and spirit. The approach is simple: children and adults hand-pack meals specifically formulated for malnourished children, and we ship the meals to nearly 70 countries around the world.



**RRC BOARD OF DIRECTORS PROFILE  
NANCY NELSON—EDUCATION CHAIR**

**Tell us about your life outside of Mercy Hospital.**

I have been married to my husband Randy for 22 years. We have 3 children: Craig, Erica and Lucas and a Maltese/Bichon Molly. We are involved with our church and we enjoy camping with friends and family.

**What would you be doing if you weren't a nurse?**

I would love to say a wedding coordinator but I'm really not creative enough, probably an accountant.

**Describe your position in the chapter.**

I am the new educator for the RRC. At work I am the Patient Care Supervisor for the Mercy Float Pool so this seems to be a comfortable fit for me. Only time will tell...

**Why did you volunteer to be active in the Rum River Chapter?**

I wanted to get more involved with my professional organization. I like to learn new things and being involved gives me the chance to voice my opinion on what is going on around



**FINANCIAL UPDATE**

**MISCHA ADAMS—TREASURER**

Current balance:	\$ 29,304.90
Savings account balance and CDs	\$ 21,331.01
Checking account balance	\$ 7,973.89

We are in financial Good Standing with national AACN and the budget for the year is finalized.

**MEMBERSHIP UPDATE**

**KATHERINE FORSETH—SECRETARY**

The Rum River Chapter welcomes any new members! Invite a colleague to the educational events. Maybe they will want to JOIN!

RRC currently has a total of 70 members in the chapter.

**National membership:** If you need to renew your national membership, you can purchase a bulk membership from the chapter for \$69, a savings of \$9. Membership in RRC is FREE, just need a national membership!!

**The Rum River Chapter of AACN presents:**

**Cardiac Stem Cell Research &**

**Trauma Education Updates**

**January 24, 2012**

**Mercy Hospital Auditorium**

**1000-1200 —Cardiac Stem Cell Research**

**Dr. Jeffrey Chambers**

**1200-1230 —Lunch provided**

**1230-1430 —Trauma Update**

**Mercy Core Trauma Team**

To register go to: [www.rumriverchapteraacn.com](http://www.rumriverchapteraacn.com)

Or turn in registration with payment to

**KJ Schulz, ICU or**

**Mischa Adams, 4H**

**Cost:**

**\$20 RRC member**

**\$50 RRC non-member**



# Contact Us

## RUM RIVER CHAPTER AACN

Phone: 763-236-8356

E-mail: [rrc@rumriverchapteraacn.com](mailto:rrc@rumriverchapteraacn.com)

Website: [www.rumriverchapteraacn.com](http://www.rumriverchapteraacn.com)

Facebook: Rum River Chapter AACN

### 2010-2011 Chapter Officers

President: Jeanne Boespflug

President-elect: April Lenzmeier

Past President: Louise Jacobs

Secretary: Katherine Forseth

Treasurer: Mischa Adams

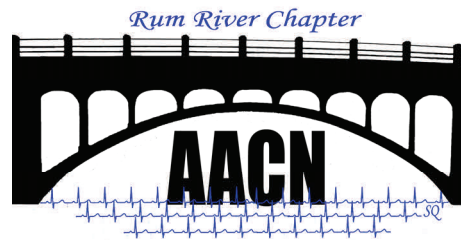
Education Chair: Nancy Nelson

Webmaster: Karen Schulz

Newsletter: Pam Madrid

Community Service: Sheila Micka

Quartermaster: Sue Willoughby



### Our Mission Statement

The Rum River Chapter of AACN provides and inspires leadership to establish work and care environments that are respectful and healing. The key to Rum River Chapter's success is through its members. Therefore, Rum River Chapter is committed to providing the highest quality resources to maximize nurses' contribution to improving the healthcare of acutely and critically ill patients and families. As a community based association, the Rum River Chapter is committed to involvement in improving the health of the community through service projects and education. The Rum River Chapter strives to empower students to increase their knowledge of the critical care nursing environment.

### Our Vision Statement

The Rum River Chapter is dedicated to supporting a healthcare system driven by the needs of patients and families where acute and critical care nurses make their optimal contribution.

## CALENDAR OF EVENTS 2011-2012

December, 2011 Community Outreach—Christmas Family

January 24, 2012 4 hour Education program 10a— 2:30p

February 23, 2012 Board meeting 4-6 pm (Mercy Board Room)

March 19, 2012 Certification Dinner (place and time to be determined)

March 22, 2012 Board Meeting 4-6 pm (Mercy Board Room)

April 11-12, 2012 2 Day Critical Care Conference (Auditorium, Classrooms B & C )

May, 2012 Nurse's Week

Nominations/Elections

NTI May 19-24, 2012 in Orlando, Florida

Stroke Screening

*The Current is looking for articles and pictures of members. If you have something you wish published in this newsletter, please forward to [Pamela.Madrid@Allina.com](mailto:Pamela.Madrid@Allina.com).*